

Advance Health Care Directives

Part 2: Make your own health care choices
or tell your health care agent what you want.

Life support treatments are used to try to keep you alive. These can be CPR, a breathing machine, feeding tubes, dialysis, blood transfusions, or medicine.

Please read this whole page and then put an **X** in the box next to the sentences that you most agree with.

If I am so sick that I am expected to die soon:

I want my HEALTH CARE AGENT to decide for me based upon what he or she knows about me and thinks is best for me

If I am so sick that I am expected to die soon, I want to:

Try all life support treatments that my doctor think might help

If the treatments **DO NOT WORK** and there is little hope of getting better, I **DO NOT WANT TO STAY** on life support machines.

If I am so sick that I am expected to die soon, I want to:

If I am so sick that my heart stops beating or I stop breathing, I **DO NOT** want CPR

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Part 2: Make your own health care choices

Your doctors may ask about organ donation and autopsy after you die. Please tell them your wishes. If you don't make a choice about organ donation, another family member or friend may be allowed by law to choose to donate your organs after you die.

Put an **X** next to the sentences that you most agree with:

Donating (giving) your organs can help save lives.

I **WANT** to donate my organs



Which organs do you want to donate?

Any organs

Only _____

I **DO NOT** want to donate my organs

I want my HEALTH CARE AGENT to decide

I want my family to decide

What should your doctors know about how you want your body to be treated after you die?

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